



केंद्रीय योग एवं प्राकृतिक चिकित्सा अनुसंधान परिषद्

(आयुष मंत्रालय, भारत सरकार)

61-65, इंस्टीट्यूशनल एरिया, जनकपुरी, नई दिल्ली - 110058

Winners of the Poster Session Competition

S.No.	NAME	POSITION	Prize Money (In Rs.)
1.	Dr. M. R. Monicaasun International Institute of Yoga and Naturopathy Medical Sciences, Chengalpet, T.N Title: Its Bioelectrical and Physiological Processes.	1 st Prize	15,000/-
2.	Dr. Mayur Ashok Giri National Institute of Naturopathy(NIN), Pune Title: Gut Microbiome and Gut Symbiosis	2 nd Prize	10,000/-
3.	Dr. M Perarasu Kannan Annai College of Naturopathy and Yoga Science. Title: Yoga	3 rd Prize	5,000/-



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Winners of the Oral Paper Competition

S. No.	Name	Position	Prize Money (In Rs.)
1.	Dr. Pravalika B SVYASA, Karnataka Title: Yoga for musculoskeletal pain, discomfort, perceived stress, and quality of sleep in industry workers: A randomized controlled trial	1 st Prize	15,000/-
2.	Dr. UdhayalakshmiM SDM College of Naturopathy and Yogic Sciences, Ujire Title: Adherence to yoga and naturopathic Lifestyle Intervention Improved Glycaemic variables and Auditory Reaction Time among diabetes Individuals	2 nd Prize	10,000/-
3.	Dr. Karishma Silwal Sant Hirdaram Medical College of Naturopathy and Yogic Sciences, Bhopal Title: Association between daily sunlight exposure and fasting blood glucose levels in Indian adults with Type 2 diabetes mellitus or at risk of diabetes: A population-based cross-sectional study.	3 rd Prize	5,000/-